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=====THE=====

Science of Chiropractic

ITS

Principles and Philosophies

BY

B. J. PALMER, D. C., Ph.C.

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ILLUSTRATED

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CHIROPRACTIC DEFINED.

Historical—The first accidental crude Chiropractic adjustment of a vertebra was given in September, 1895, by Dr. D. D. Palmer. Neither the art, nor the science was formed at this time. Its growth remained practically dormant till 1903, since which time his son, B. J. Palmer, D. C., Ph.C., has developed it into a well defined non-therapeutical philosophy, science and art that has no resemblance whatever to any therapeutical method. Health (equality) is restored by completing the mental and physical circuit; restoring the currents of cycles of mental impulses acting through the material agency; to replace the full quota of positive with an equivalent negative; permitting the reconveyance of the intelligent immaterial into the mechanical corporeal; to reconstruct the normal psycho-physical unit; to make as one the triunity of creation, transmission and expression; to re-establish equilibrium between the abstract and concrete, all of which is induced by replacing specific disordered concrete mechanical anatomy which permits adjustment between that one law of two principles—cause and effect—the rules and manner of declaration of which are unique and unlike any theories of stimulative or inhibitive movements or applications used by any other school. (p12)

Chiropractors use the spinous and other processes as handles to adjust subluxations; by so doing they restore mental currents to normal transmission—and health exists.

Chiropractor—One who knows the science, art and philosophy of Chiropractic and how to adjust subluxated vertebrae by placing in apposition the articular processes of the vertebral column.

D.C. (Doctor of Chiropractic)—The sign used to designate one who practices the philosophy, science and art of Chiropractic. (p12)

Adjust—(Webster)—To make exact; to fit; to make correspondent or conformable; to bring into proper relation.

Adjustment—The name of the action of the Chiropractor when he adjusts “into proper relation” Innate Intelligence—with its physical—conforms the mental with its equivalent body—reunites the mental and physical—or restores one to the other.

Luxation—Where two articulating surfaces have wholly lost their proper connection.

Subluxation—Incomplete luxations, where articulating surfaces have in part lost their proper apposition.

(For more thorough definitions see Vol. 3 of *The Science of Chiropractic.*)

(p12)

In proportion as we gain knowledge of the cause of disease, we cease to treat effects. All therapeutists treat effects with remedies. Students may purpose learning the cause of disease to locate and adjust; may have the idea of adding Chiropractic to therapeutic remedies, but in proportion as they learn the cause of symptoms and how to adjust, the less they will use remedies. Chiropractic is not a remedy. It is not treating effects by therapeutical remedies. Therapeutical remedies, be they hypodermic injection, suggestive therapeutics, physical culture, magnetic treatment, or any other means used for the amelioration of diseased conditions, is of superstitious origin. If it is better to know the *cause* and how to right it than to treat effects, *why not* learn all we can of the former and quit thinking of the latter?
(p13)

The more you depend on therapeutical remedies and use them in treating effects, the slower you will be to accept Chiropractic and learn how to adjust the causes of diseases. In other words, the more you think of treating effects, the slower you will be to take in Chiropractic. The more tenacious to the old, the less readily you absorb the new.(p13)

Chiropractic is not faith cure, Christian Science, magnetism, electricity, Osteopathy, hypnotism, massage or anything but Chiropractic. (p20)

The people need light to protect themselves from the **Germonoanti-toxin-Radi-Electric-Microbi-slush death producers.**(p23)

Chiropractors are opposed to poisoning any person, sick or well: therefore, we are opposed to vaccine virus, and the use of drugs as a curative measure, for they do not fix the wrong that causes the trouble.(p25)

It only brings the science of Chiropractic into disrepute to use remedies. The mixing of any drug or other agency with adjustment, for the treatment of disease, acts as a hindrance to the progress of this science.(p25)

Chiropractors have adopted the appendix, D. C. (Doctor of Chiropractic), which they feel proud of. They have no desire to annex M. D., for a full-fledged Chiropractor does not use drugs; he does not dose his patients.
(p25)

Some one says, "The wise man sells his knowledge." If he gave his knowledge away he would be a fool; and if he were a fool he would have no knowledge at all. Ergo—a man who gives away his knowledge has none to give.

(p25)

Chiropractors find subluxations that obstruct natural functions. Physicians look for obstructions in the fluid channels, give the stomach a dose, expecting it to hunt up the obstacle, clear the canals, retard or accelerate the circulation of the fluids.(p26)

A Chiropractor has no use for remedial agencies, nor the laboratory, to examine sputum, bile, urine, feces, blood and serum, just to, show the resultant conditions. It is the desire of the Chiropractor to adjust the cause of these derangements, named disease, then there will be no need of treating effects.

Man is a machine, one of the most wonderful ever created. Like all others, it is liable to have some portion displaced. Why not secure a human machinist who understands the cause of disease, a man who can detect and adjust that which is out of alignment?

(p27)

The Chiropractic science is not the practice of medicine. The two are diametrically opposite. They are antipodal. That of giving medicine is of ancient date. No medical schools have ever taught the principles of Chiropractic. In fact, they do not believe in adjustments. Medical men look to the blood and germs as cause of disease. Chiropractors to nerves being impinged between osseous tissue.

(p32)

Displacements of the 300 articular joints, more especially the fifty-two of the vertebral column, are not always caused by violent injuries or accidents. There may be poisons in the food we eat, the water we drink, or the air we breathe, which affects the sensory nerves; these abnormal sensations cause motor mental impulses to contract muscles which draw the articular surfaces awry. No matter how they are displaced, the Chiropractor sees fit to replace them in their normal position. When perfect relationship is reestablished, health is the inevitable result.

(p33)

The Chiropractor takes the disordered mechanism of man, and, by properly adjusting the deranged parts, allows impulses to perform their natural functions. The medical man clogs its

machinery with mysterious mixtures and finally turns it over to the surgeon to complete the work of destruction. We believe that disease is the result of anatomical abnormalities (bones slightly displaced by various accidents) which cause physiological discord and abnormal functions. Therefore, to return to health, free the body of pain and distress, we replace the displaced parts of the nerve machine in their proper position.

(p34)

The brain sends its messages through the spinal cord to all parts of the body. The spinal marrow passes down through the spinal canal; it consists of nerves which convey mental impulses efferently, and tactile impressions efferently. They branch out from the spinal cord in all directions, absolutely controlling every part of the anatomy. So potent is this control that all action, whether normal or abnormal, is absolutely dependent upon the condition of the nerves radiating from the spine. A wrench of the vertebral column displacing the two movable notches which form the foramina invariably leads to some disturbance of that portion to which the nerves proceed and end.

(p35)

Be grand in purpose, brave in act,
As you and truth decide it;
Swift in defense, slow in attack,
Then, what the issue, bide it!
If opposition bar your track,
Don't turn, but override it.
Stand close to all, but lean on none,
And if the crowd desert you,
Stand just as fearlessly alone
As if a throng begirt you,
And learn what long the wise have known,
Self-flight alone can hurt you.
WILLIAM S. SHURTLEFF.

(p36)

There's a worth in Chiropractic
That is even more than gold.
It is like the first love story—
Better experienced than told.
One lies in easy position;
The next he hears a click;
He feels the pain has vanished,

And relief has come that quick.
The world needs Chiropractors—
Needs them on every hand.
For those in pain and anguish,
This is a weary land.
Then let us strive to be masters
In this art that we employ;
To make the whole world better,
And more full of peace and joy.
(p36)

"Cause and Cure." A cause must be adjusted, corrected, fixed, set right, made right. To "cure" you must treat effects, apply something to the results. Therein lies the greatest transforming value of Chiropractic; it adjusts causes, but does not treat effects.
(p46)

Every true Chiropractor that uses specific, pure and unadulterated Chiropractic should hold in his mind that success is as much his right as the acorn has to become an oak or the rosebud a rose. He was taught to succeed. Successful methods are given to him in his lessons. He has but to place himself in right relations with these teachings and pay the price of effort. Begin to deviate from true principles and you will lose.
(p47)

Stick to your own gifts; insist upon your own talent; be absolutely loyal to yourself; don't let others tempt or persuade you to abandon the calling your soul tells you is yours. Be true to your own convictions if you hope to develop the progress in life. The thought, dreams and inspirations that come to you are yours—they belong to you by the law that governs your particular existence. The dreams and aspirations someone else has for you do not belong to, you if they conflict with what your intuition tells you is your calling. Don't try to adjust your eyes to another; you can't do it.
(p48)

"I ben meditat'in' today," said Uncle Ellery, "how is it that the maple tree in my door-yard learned the game. Instead of droppin' the seed down to the ground, it provides each seed with little wings that carry it some distance on a kind of whirlin' principle. "Who told that tree if its seed fall straight they would choke each other, or be choked by the old tree's roots, or it was too shady a place to germinate in?"
"The university botany chap said it was evolution. But I can't

git it out of my fool noddle that this world *is run by intelligence*.
“If there is intelligence at work, in trees, it don’t seem as if we
ought to worry about things, does it?”
Do you believe anything could learn without intelligence, or
could teach without intelligence?
(p49)

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electricity, Osteopathy, hypnotism, massage or anything but
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toxin-Radi-Electric-Microbi-slush death producers** (p23)

THE SCIENCE OF CHIROPRACTIC

In conclusion, I desire to say that I claim no credit for this work
other than that which is due to an honest scientific desire to
promote the truth for its own sake. Sincerely believing in the
absolute correctness of Chiropractic principles, I have not hesitated
to follow it to its legitimate conclusion in every field which I have
studied.

I am perfectly aware that many conclusions reached in these pages
are antipodal to preconceived ideas and for the purpose of
establishing the individuality of Chiropractic, I publish them.

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1906—1910—1917.

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Please enjoy this brief insight into Chiropractic. Learn from its insight and pass on that
knowledge. Live your life with passion, integrity and LOVE.
With Love, Light and Respect

Haig John
President
Student ICA